SAFE SLEEP SPOTLIGHT

RESERVE TODAY FOR THE BREATH OF LIFE MEET!
Save the date for our next Happening this Spring!

Crib Safety Month

Crib Safety Month is celebrated in April, a time to promote the importance of safe sleep for infants. This month, we aim to raise awareness about the risks associated with unsafe sleep practices and encourage parents to adopt practices that promote a safe sleeping environment.

Crib Safety Tips

1. Place the crib on a firm, flat surface.
2. Use a firm baby mattress with no wrinkles or tucks.
3. Avoid using sleep positioners or pillows in the crib.
4. Use a firm, tight-fitting crib sheet.
5. Keep the crib free of soft bedding, including comforters, bumper pads, and stuffed animals.
6. Place the baby on their back for all sleep periods.

Crib Safety Informational Video Conference

Date: [Insert Date]
Time: [Insert Time]
Link: [Insert Link]

This conference will provide valuable information on crib safety practices, including sleep positioning, mattress considerations, and the importance of monitoring the nursery environment. Participants will have the opportunity to ask questions and receive guidance on creating a safe sleep space for their infant.

Countdown to Crib Safety Awareness Month

April 1 - April 30

Join us in celebrating Crib Safety Month and encourage others to do the same by sharing information and resources on safe sleep practices. Together, we can help ensure a safe and healthy sleeping environment for infants.

Crib Safety Checklist

- Ensure the crib is in good condition with no visible wear or tear.
- Check the crib并对 all bolts and screws to ensure they are tight.
- Place the crib near a smoke detector for added safety.
- Regularly clean the crib with mild soap and water.

Safe Sleep Resources

- American Academy of Pediatrics
- National Safe Sleep website
- Babywise

Contact Information

For more information or to schedule a crib inspection, please contact [Insert Contact Information].

Thank you for your dedication to creating a safe sleeping environment for infants. Together, we can make a difference in the lives of our little ones.

Crib Safety Month

April 2023

Stay Safe, Sleep Well!