

Safe Sleep Certified Hospital Notes

Cribs for Kids 1st Friday Update -April '24-Volume 4, #9

Still Time to Register: 8th National Cribs for Kids Conference

Our 8th National and now fully virtual conference is **May 7th- 10th**. Registration is open. Join us for this one of a kind, 4-day online conference where like-minded colleagues share their work across our committed community. The sessions include plenary presentations by national pediatric and product experts, along with specialized tracks for hospitals, messaging, and more. Visit the conference page where you can link to the agenda preview and registration information.

<https://cribsforkids.org/conference/>



Education: Safe Sleep Ambassador Available in Spanish



Safe Sleep Ambassador is the cornerstone of Cribs for Kids infant safe sleep education curriculum. This free, self-paced on-line module is available on any internet enabled device. Updated to reflect 2022 AAP Safe Sleep recommendations, it is appropriate for caregiver/parent education, and other non-clinical infant safe sleep advocates and supporters. After successful completion of the module and a brief post-test, a certification of completion is generated. Since its launch, over 53,000 people have become Safe Sleep Ambassadors. For the first time, the Safe Sleep Ambassador is now available in Spanish. The Spanish option is presented through the same link as the English option.

<https://cribsforkids.org/safe-sleep-ambassador/>

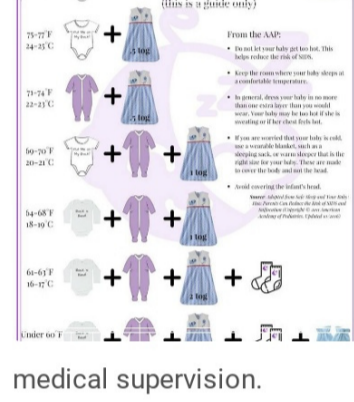
Research : The Tension Between AAP Guidelines & Infant Sleep

Last month we shared the important article, Characteristics of SUID on Shared & Nonshared Sleep Surfaces. Since its publication, there have been many discussions across social and traditional media, noting that over 60% of SUID infants were sharing a sleep surface. Just as we saw the reduction of infant deaths drop from 10,000 annually to 3,400 with the introduction of "Back to Sleep", we would hope to see this same reduction as we continue to learn how fatal bed and surface sharing proves for babies. In their article published in April's Pediatrics, Drs. Moon et al discuss the tensions and challenges mothers report regarding the ABCs and infant safe sleep. Information from last month's article and now this month's publication, demonstrates just how important the work you and your hospital teams do to support infant safe sleep continues to be.



<https://publications.aap.org/pediatrics/article-abstract/153/4/e2023064675/196919/The-Tension-Between-AAP-Safe-Sleep-Guidelines-and>

You Asked: Patients Using Weighted Wearable Blankets on the Unit?



A few hospitals have reached out with a new concern– families bringing weighted wearable blankets from home. In its 2022 update the AAP states: **It is recommended that weighted blankets, weighted sleepers, weighted swaddles, or other weighted objects not be placed on or near the sleeping infant.** Dr. Moon recently explained that baby's rib cage is not rigid, so it doesn't take a lot of pressure to press on it and create obstruction making it harder to baby to breathe and for baby's heart to beat properly when there is pressure on there. Weighted products should only be used under medical supervision.

Review the AAP's recommendation, Dr. Moon's information, and explain weighted products from home can't be used in the hospital due to the standards of care of the National Infant Safe Sleep Certification. We hope families will reconsider their use at home. Instead, dress baby safely for sleep, wearing one more layer than an adult would wear to be comfortable. Remember, no hats indoors, and no loose blankets, and stop swaddling with signs of rolling. Cribs for Kids offers a wearable blanket program with pricing exclusively for our hospitals. We'll share more next month, but you can learn more on our tool kit. You can also point parents and caregivers to this great guide from our friends at Safe Infant Sleep.

<https://cribsforkids.org/wearable-blanket-hospital-program/>

Monthly Feature: Infant Safe Sleep Across the Country

Each month this year we have shared links to safe sleep programs across the country including Alabama, Hawaii, Florida, Clark County in Nevada, New York, and Montgomery & Dayton Counties in Ohio. We plan to continue this feature each month across 2024 gathering the best resources and highlight programs across the country.



West Virginia Unique Education Materials
TEAM for West Virginia Children and its **Our Babies Safe & Sound** initiative produced unique education materials including information targeting men and grandparents along with a prescription pad **Rx for Safe Sleep**, prenatal ultrasound picture frames, and monthly milestone stickers. Good ideas worth sharing!
[Request Educational Materials - TEAM for West Virginia Children \(teamwv.org\)](#)



Iowa SIDS Foundation
Iowa SIDS Foundation is celebrating its 20th anniversary this year, sharing highlights across its social media platforms. Congratulations! In addition to grief support and safe sleep education, the agency developed a **Tummy Time** poster and a **Safe Infant Sleep Field Guide** designed to support professionals in their conversations about safe sleep.
<https://iowasids.org/>



South Dakota Wake Safe
Using the unique title, **Wake Safe**, South Dakota's infant safe sleep program offers an education piece to support providers. Beyond safe sleep basics, it includes SIDS and suffocation risk factors and state-wide statistics, along with several QR codes linking to national and regional resources. South Dakota also offers statewide access to safe sleep spaces.
<https://www.myflfamilies.com/services/child-family/child-and-family-well-being/safe-sleep#>

March Safe Sleep Hospital Certification Awards

Congratulations to hospitals earning Infant Safe Sleep Hospital Certification in March. Cribs for Kids welcomes four hospitals brand new to our program and four earning their second five-year certification. Thank you for your commitment to reducing infant mortality!



March Initial Five-Year Certification Awards:

- Gold - **AdventHealth Daytona Beach** and **AdventHealth Heart of Florida** both in Florida and **Children's Hospital of the Kings Daughters** in Virginia
- Silver - **Amberville Hiawatha** in Kansas.

March Second Five-Year Certification Awards:

- Gold - **Hennepin County Medical Center** in Minnesota.
- Silver - **NYC Health+Hospitals/Kings County** in New York and **Providence Sacred Heart Medical & Children's Hospital** in Washington.
- Bronze - **NYC Health+Hospitals/Lincoln** in New York.

Find All of Our 500+ Certified Hospitals on our Searchable Map:

<https://cribsforkids.org/hospitalcertification/>

Ask: Seeking Obstetrician for Programmatic Advisory Board

Advisory Board Nominations Open through March 15th

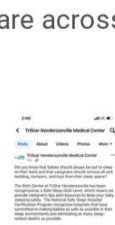
As announced earlier, Cribs for Kids is developing a Programmatic Advisory Board. Board members will include professionals and advocates across the country working in areas impacting infant safe sleep. While we have enjoyed receiving many nominations and inquiries, we are still seeking an obstetrician. Do you work with or know an OB who is committed to reducing infant mortality who would be interested in contributing to infant safe sleep education and support efforts? If so, just email hospitalcertification@cribsforkids.org, using the subject line, **"OB for Advisory Board"**. Just include their name contact information and brief background or LinkedIn.

Emails Appreciated by April 30th, 2024: hospitalcertification@cribsforkids.org

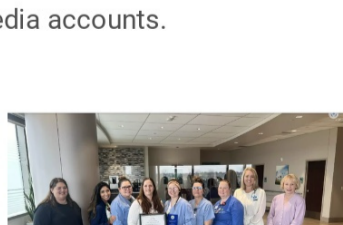


April Fun Foto Feature

Thank you to our Infant Safe Sleep Certified Hospitals and their communities for sharing their accomplishments on social media, websites, and in local news outlets. Here are just a few recent Fun Fotos we've seen. Send to us directly at hospitalcertification@cribsforkids.org and we'll happily share across our social media accounts.



TriStar Hendersonville Medical Center
Located in Tennessee, this Gold Safe Sleep Certified Hospital shared this great post recognizing its certification, providing some safe sleep basics, and linking to its website for more information. And look at these amazing nurses and healthcare team members!



AdventHealth South Overland Park
Located in Kansas, we welcomed the hospital to our Safe Sleep Certified Hospital family earlier this year. Their team took to their website to promote its accomplishment posting this Fun Foto to share with its system and community members. Congratulations!



Volunteers Sew Wearable Blankets
Located in Louisiana, Calcasieu Cut Ups Quilt Guild hosts a annual Sew a Sleep Sack Day. These talented volunteers support hospitals, like certified West Calcasieu Cameron Hospital, with wearable blankets sewn with care. Learn More: [Sew a sleep sack for a local baby in need](#)

Questions & Good News: hospitalcertification@cribsforkids.org

Program Information: www.cribsforkids.org/hospitalcertification



Devon George
Devon is using Smore to create beautiful newsletters