









Safe Sleep Ticket

	ALWAYS place your baby "Back to Sleep"
	NEVER bed share or sleep with your baby!
	NOTHING in the crib but the baby!
	DO NOT over bundle your baby when sleeping. Keep room temperature 65-71 degrees.
	DO provide tummy time while supervised!
	Keep your home smoke FREE!
	Think about using a pacifier at sleep times.
	Tell ALL caregivers that your baby sleeps on the BACK only!
Lay on Back	

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